

Longfields Latest News



17th January 2025

Dear Parents and Carers,

We hope you and your children have settled in well and are enjoying the start of the new term.

This week, our "Food for Thought" assembly focused on the theme of harmonious lunch times. We discussed the importance of creating a positive and enjoyable environment during lunch breaks. Here are the key messages we shared with the children:

Respect and Kindness

- **Be Respectful:** We encouraged all pupils to treat their peers and lunchtime supervisors with respect and kindness.
- **Use Kind Words:** We reminded children to use polite language and be considerate of others' feelings.
- **Sharing and Cooperation**
- **Include Everyone:** We discussed the importance of including all classmates and being mindful of those who may feel left out.
- **Responsibility and Cleanliness**
- **Tidy Up:** Children were reminded to clean up after themselves and dispose of litter properly, helping keep our dining clean and pleasant.

Enjoyment and Participation

- **Have Fun:** Lunchtimes are a great opportunity for children to relax and enjoy themselves.

We hope these messages will help our pupils have enjoyable and harmonious lunch times. Your support in reinforcing these values at home is greatly appreciated.

Here are some important updates and reminders for the coming weeks:

Upcoming Events

- **Parents' Evening:** We will hold our second parents' evenings on 11th and 13th February (we will let you know when appointments are available to book). This is a great opportunity to meet your child's teacher and discuss their progress.

Key Reminders

- **Uniform:** Please ensure your child is wearing the correct school uniform. Refer to our school website for the uniform policy.
- **Attendance:** Regular attendance is crucial for your child's learning. Please inform the office in advance if your child is unwell or unable to attend school.

School Highlights

- **Pupil Achievements:** Congratulations to our pupils who participated in the swimming gala and showcased their talents.

Communication

We strive to keep open lines of communication with all parents. If you have any questions or concerns, please do not hesitate to contact your child's teacher or the school office.

Thank you for your continued support and partnership. We look forward to a fantastic term ahead!



★ Stars of the week! ★



Dates for your diary:

29.01.2025—Year 1 to Oxford Science Centre

06.02.2025—Year 5 to Hampton Court Palace

11.02.2025—Parents Evening

13.02.2025—Reception and Year 6 height and weight measuring

13.02.2025—Parents Evening

14.02.2025—Last day before February half term

24.02.2025—First day back after half term

06.03.2025—World Book Day

20.03.2025—Class group photos

21.03.2025—Red Nose Day

03.04.2025—Year 2 to Hatton Country World

04.04.2025—Last day of school before Easter holidays

21.04.2025—Easter Monday (Bank Holiday)

22.04.2025—First day back at school after Easter Holidays

Please see School Life Calendar for full dates

SWIMMING GALA 2025

On Thursday 16th January, twelve Year 5 and 6 children competed in this years' swimming gala against eight other schools. The children swam in a variety of races including backstroke, breaststroke, front crawl, butterfly and some relays. They were amazing! In total, we had seven wins and our girls team placed first amongst all other schools! We even had some children invited to join Bicester Blue Fins! This group of swimmers certainly did us proud not only with their performance, but with their team-work and sportsmanship. Congratulations to all who participated.



POSTER Competition

Task: To create a poster that represents one of our new school values

Aspiration Unity Integrity

Your poster must include

- The word you have chosen to focus on
- An animal that you feel represents this value
- Posters can be designed by hand or on a computer

Parents and family members are encouraged to help too, you can submit as many designs as you like



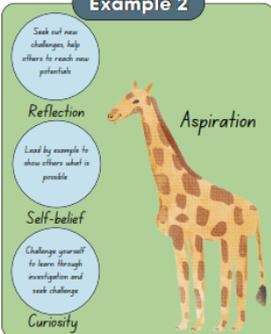
Winners will be chosen by the school council and the values committee.
Winning posters will be professionally printed and displayed around school
Closing date 31st January 2025
Entries can be submitted to the office or to the following email
Values@longfields-primary.org

Examples of Values Poster

Example 1



Example 2



Your poster must contain the word you have chosen to focus on and the animal you feel could represent the value.
You can add a paragraph alongside your poster explaining why you have chosen this animal.
You may choose to put the expected behaviours on your poster for all to see or you may just choose headings.
Your poster can be hand drawn, painted, collaged or made on the computer.
Work as a family to create your designs.
You may make 1 poster or a whole series for the 3 values.
Closing date 31st January.
Entries submitted to the office or via email at Values@longfields-primary.org

Aspiration

	We love to see....	We like to see...
Reflection	Seek out new challenges and help others to reach their potential Encourage and support others in their learning	Welcome new challenges Think positively about your abilities
Self-belief	Lead by example to show others what is possible if you push yourself Act on reflection to learn from mistakes, improve yourself and the school community	Enter every experience with an open mind Think about what you've done and learn from it
Curiosity	Watch and try new things that others do well at and share good ideas Challenge yourself to learn through investigation and seeking challenges	Be brave and not afraid to fail Be willing to learn, research and seek answers

Integrity

	We love to see....	We like to see...
Respect	Find ways to openly discuss issues Engage in talk to support each other	Tell the truth Be kind and understanding when problems come up, and help the others without blaming anyone
Honesty	Listen carefully to others and being kind and respectful even when you disagree Actively look for ways to help improve the people, resources and environment of the school	Show a willingness to ask for help Respect others' right to privacy — not sharing private information without permission
Compassion	Set a good example and help others to be their best Give helpful feedback and support others to be their best	Treat everyone with kindness and respect and take care of our school and it's resources Do the right thing and set a good example

Unity

	We love to see....	We like to see...
Inclusion	Understand how others feel and help them share their thoughts Role model using kind words and gratitude towards others at all times	Be kind and try to understand others feelings Be polite to others at all times, using "please", "thank you" and "sorry"
Nurture	Look for ways to help and encourage others Seek out others that can help us learn and grow	Appreciate everyone in our school community Learn from each other
Collaboration	Engage in supportive talk across the whole school community Consistently look out for others that may seem lonely or left out and include them	Work together with others of the school community If someone seems left out or lonely, taking steps to try and include them

Notice Board



NHS Oxford Health
NHS Foundation Trust

PARENT WEBINAR

Parents are the most important part of young peoples lives and hold the key to helping them. Let us, help you, to help them.

CAMHS
Child and Adolescent Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS

SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

WWW.OXFORDHEALTH.NHS.UK/CAMHS/OXON/SIR/WEBINARS



noda Launton Village Players present their 38th pantomime

Beauty and the Beast

A traditional family pantomime

Wed 19th to Sat 22nd Feb 2025

Date	Performance Times	Adult (18+)	Child (3-17)
Weds 19 th Feb	7:30pm	£12	£7
Thurs 20 th Feb	10:30am* 2:30pm	£12	£7
Fri 21 st Feb	2:30pm 7:30pm	£14	£8
Sat 22 nd Feb	2:30pm 7:30pm	£14	£8

*Relaxed Performance Thursday at 10:30am

In Cooper School Performance Hall, Bicester, OX26 4RS
Suitable for the whole family to enjoy!

Tickets on sale from www.ticketsource.co.uk/lvp
(or call 07864 715708 for assistance)

Family Discounts available for all shows!

Scan here for tickets!

WINNER of 2024 ODN and NODA District Best Panto Awards!

All profits donated to The Hummingbird Centre
www.launtonvillageplayers.org.uk

[CAMHS School In-Reach Newsletter Jan 2025](#)



Looking for a recipe that can get your children to eat more vegetables?

At Beezee Families, we work with hundreds of families who want to eat healthier, but struggle to find dishes with vegetables their children will eat. Sounds familiar?

Check out our Mexican traybake below for a taste of our recipe selection!

Ingredients:

- 1 large red onion
- 3 cloves of garlic (2 tsp pre-minced)
- 1 can sweetcorn
- 1 can black beans (drained and rinsed)
- 1 can chopped tomatoes
- 320g frozen spinach
- 100g uncooked red lentils
- 250g brown rice
- 600ml veggie stock
- 120g low-fat cheddar/mozzarella
- Spices: 2 tsp paprika, 1.5 tsp cumin, 1.5 tsp coriander, 1 tsp oregano, ½ tsp chilli powder (or none if you don't like spice).

Method:

1. Pre-heat your oven to 200 degrees/ gas mark 6.
2. Dice the onions and garlic (if using fresh) and add them to a large baking tray or dish.
3. Add your brown rice and lentils, along with the spinach, corn and chopped tomatoes.
4. Add all your spices to the tray. Make the stock, then pour slowly into the tray and mix everything together.
5. Pop into the oven for 45 minutes. Take the tray out, add beans and mix well, then top with grated cheese. Return to oven for 10 minutes.
6. Leave to cool for 5 minutes and then enjoy!

Want more help with recipes?
We run FREE healthy lifestyle programmes to help families like yours make healthy habits, and have fun while doing so! Secure your spot today.

Sign up today!

Scan the code
...or click here to find out more

oxf.maximusuk.co.uk

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Notice Board

ELITE Ofsted Registered

ELITE CAMPS BICESTER

THE BICESTER SCHOOL, OX26 2NS

Date: Mon 17th Feb - Fri 21st Feb

Times: 9:00 - 15:30 or 8:30 - 17:00

Elite Activities

- Glow-In-The-Dark Dodgeball
- Nerf Wars
- Bubble Football
- Arts & Crafts
- Multiple sports and so much more...

BOOK NOW 01235 415 846 eliteyouthsports.co.uk

ELITE CAMPS BICESTER

THE BICESTER SCHOOL, OX26 2NS

	OVER 8's	UNDER 8's	ARTS & CRAFTS
MON 17	GTD DODGEBALL Basketball, Kwik Cricket, Benchball, Athletics, Netball	GTD DODGEBALL Basketball, Kwik Cricket, Benchball, Athletics, Netball	PAPER HEART VALENTINES CRAFTS
TUE 18	BUBBLE FOOTBALL Tag Rugby, Hockey, Yoga, Football, Gymnastics	BUBBLE FOOTBALL Tag Rugby, Hockey, Yoga, Football, Gymnastics	PAPER FLOWER BOUQUET
WED 19	NERF WARS Football, Dodgeball, Kwik Cricket, Hockey, Tag Rugby	PARACHUTE GAMES Football, Dodgeball, Kwik Cricket, Hockey, Tag Rugby	PAPER HEART WREATHS
THU 20	SOFT ARCHERY Netball, Rounders, Volleyball, Dodgeball, Danish Longball	SOFT ARCHERY Netball, Rounders, Volleyball, Dodgeball, Danish Longball	PIXEL ART
FRI 21	SLIME MAKING Benchball, Football, Dance, Handball, Gymnastics	SLIME MAKING Benchball, Football, Dance, Handball, Gymnastics	HEART OWL CRAFTS

BOOK NOW 01235 415 846 eliteyouthsports.co.uk

HOLDING OUT FOR A HERO

COULD YOU RESCUE A DOG?

ON CHANNEL 4'S HIT SHOW

the Dog House

APPLY NOW

WWW.CHANNEL4.COM/4VIEWERS/TAKEPART/THE-DOG-HOUSE

Could you provide a loving home for a rescue dog? The Channel 4 series, *The Dog House* is looking for couples, individuals, friends and families who are seriously considering bringing a rescue dog into their lives and are willing to share their reasons for doing so.

Please follow this link to apply:

The Dog House | Channel 4 or email thedoghouse@fivemilefilms.co.uk

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